

KENOLI NEWSLETTER

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Nutripuntos: Fundación Salvadoreña para la Salud y el Desarrollo Humano. FUSAL from El Salvador

FUSAL presented an online workshop 'Nutripuntos' with organizations from El Salvador, Honduras, and Nicaragua. Jennifer Morán, program director, focused on the comprehensive child care model implemented by FUSAL. Nutripuntos are community spaces that integrate anthropometric measurements, hemoglobin screening, child development assessment using the ASQ-3 tool, nutrition education, early stimulation, and the delivery of fortified foods for children.

The approach prioritizes the critical window of the first 1,000 days of life and emphasizes that impact depends on the simultaneous combination of all components. The essential role of community volunteers and coordination with local health actors was also highlighted, ensuring sustainability and timely referral of cases. During the closing session, partners were encouraged to adapt their projects to Nutripuntos practices: strengthen volunteer selection criteria; improve tools for child monitoring; consolidate coordination with local health services; and integrate nutrition and early childhood stimulation topics into monthly community sessions. A regional event is expected soon to further strengthen knowledge.



Statistics of Kenoli project 2025- Early Childhood Development

In Nicaragua, El Salvador and Honduras, 498 children aged 0- 5 were reached by Kenoli partners through the Kenoli App. The results show significant progress:

89% showed improvement in weight and height over one year

43% achieved healthy weight for their age within one year

33% of mothers or caregivers were trained in child nutrition

Conclusions:

- The projects demonstrate a positive impact on improving child nutrition.
- The 89% improvement in weight and height indicates that the interventions are contributing to nutritional recovery of the children served.
- These results are consistent with the contexts of chronic structural malnutrition that prevail in Central America.

Strategic follow-up:

- *The low coverage of training in child nutrition (only 33%) limits the potential impact of the projects, since household feeding practices largely depend on the knowledge of caregivers*