

KENOLI NEWSLETTER

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Workshop on Early Childhood Development – Choluteca, Honduras

For two days, representatives from 8 partner organizations in Honduras, El Salvador, and Nicaragua, together with the Fundación Salvadoreña (FUSAL) and the Kenoli team, gathered at the hall of the Asociación de Mujeres Defensoras de la Vida (AMDV).

The workshop provided an opportunity to share practical experiences and strengthen key knowledge for standardizing work on child nutrition and early stimulation. Representatives from ODESAR (Nicaragua) presented their recipe and methodology for preparing the policereal. Once prepared with mothers and community promoters, it is distributed to families to be consumed primarily by children, as well as pregnant and breastfeeding women. CEPROSI (Nicaragua) also shared its approach to child nutrition through the preparation of cereal made from various nutritious seeds. The cereal was prepared and consumed during the event itself. ***Thank you AMDV for allowing us to cook in your offices.***



Participants preparing nutritional cereal

Arely Maradiaga, from the Asociación ANDAR (Honduras), presented different handicrafts and toys made from recycled materials. Participants spent an entire morning creating toys designed to stimulate cognitive, sensory, physical, and motor skills according to age groups. Each participant took their creations back to their organizations to replicate and continue the practice, ensuring learning and strengthening resources available to mothers and children.



From left to right, Claudia Samayoa (Cincahuite), Fátima Vásquez (CEPROSI) and Yeni Claros (Solidaridad)

The Nutripuntos methodology from FUSAL, El Salvador, showcased the unique opportunity of sessions with children and their mothers. Jenniffer Guerrero and Marisol Flores emphasized the importance of monthly interaction with babies, children, and their parents and caregivers. With the support of volunteers, the sessions follow a complete sequence for early childhood development: weight and height monitoring, hemoglobin screening, early childhood stimulation activities, creation of toys with mothers, presentation of a theme using illustrated stories, counseling, snacks for children, and a task for the next session.

Participants were divided into two groups to work on sessions for ages 0-2 and 2-4 years. This workshop strengthened the capacities of the participating organizations and reaffirmed the commitment of Kenoli and its partners to promote the holistic development of children in the region.